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ne notice of appeal to the To bring Rule 3(c) into ent practice, the amend-quirement in Rule 3(c) who is appealing from a l who is already required 3 in the notice of appeal also to attach to the noof the motion or requesting.

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s the method of appeal to on in which an appellant t. Similar to Rule 3 menumendments to Rule 8C For the Record systems eedings in District Court mendments to Rule 8C s. R. App. P. 8 for request-transcript of an electron-ceding and, similarly, diw procedures set by the Trial Court in an admin-

amendments were postew from Dec. 15, 2020, 2021, and one comment er the comment was reiges were made to the pro-

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o won at blackjack at Maswere entitled to a payout of vagered, rather than a "3:2" ne Judicial Court has held, ers played at tables requirind paying out a winning every \$5 bet (6:5), rather \$2 bet (3:2) as at the more they claimed to be entitled youts, because the Massa-Commission's blackjack

rule 7(d), do not clearly au-

, however, that the Gaminterpreted rule 7(d) to auit to blackjack. The court the relevant considerations of deferring to the commis-

ion's official interpretation the text, is 'reasonable,' and an absurd result," Justice toe for the court.

ation is also the commissition, implicates its sub-, and reflects its fair and

considered judgment," Kafker added.

The 31-page decision is DeCosmo v. Blue Tarp Redevelopment, LLC; Schuster, et al. v. Wynn Resorts Holdings, LLC, et al., Lawyers Weekly No. 10-080-21. The full text of the ruling can be found at masslawyersweekly.

Statements suppressed after Miranda waiver

The Supreme Judicial Court has upheld a judge's decision to suppress statements that a murder suspect made to the police after a waiver of his Miranda rights that followed an earlier request for an attorney.

Police interviewed defendant Edward Gonzalez in an interrogation room at the Springfield Police Department shortly after he was arrested. Although the defendant initially agreed to waive his Miranda rights and speak with police, approximately 20 minutes after the interview began, he requested to speak with an attorney and the interview was terminated.

Following a period of 45 minutes during which the defendant remained in the interrogation room with one of the officers who had been conducting the interview, the defendant again waived his Miranda rights and agreed to speak with police; he was interviewed again for approximately one hour.

Superior Court Judge John S. Ferrara allowed the defendant's motion to suppress after concluding that the commonwealth had not established beyond a reasonable doubt that the defendant reinitiated the interview and knowingly, voluntarily and intelligently waived his right to counsel.

The SJC affirmed, discerning no clear error in the judge's findings and rulings.

"Consistent with the judge's ultimate determination are the undisputed facts that Gonzalez was kept in a small interrogation room for an extended period of time with an officer who had been openly hostile toward him, but who was the only Spanish-speaking detective available, and that the 'general' conversation, regardless of intent, did have the effect of reversing the defendant's prior decision to obtain legal assistance," Justice Frank M. Gaziano wrote for the unanimous court.

"In sum, we discern no error in the judge's determination that the Commonwealth has not proved beyond a reasonable doubt that the events following the defendant's initial invocation of his right to counsel indicate a subsequent voluntary, knowing, and intelligent waiver of his constitutional right to counsel under the Fifth Amendment," the SJC concluded.

The 23-page decision is Commonwealth v. Gonzalez, Lawyers Weekly No. 10-078-21. The full text of the ruling can be found at masslawyersweekly.com.

Superior Court rule changes are okayed

The Supreme Judicial Court has approved the adoption of new Superior Court Rule 74, amendments to Rules 9C and 30B, and the repeal of Rules 76 and 77.

The repeal of Rules 76 and 77 took effect on June 14. The amendments to Rules 9C and 30B and new Rule 74 go into effect on Sept. 1.

The amendment to Rule 9C, Additional Requirements for Dispositive and Discovery Motions, changes the first sentence of 9C(a), expanding the rule to require counsel to confer in advance of filing any motion except for those governed by Rule 9A(d) and Standing Order 1-96.

The amendment to Rule 30B, Expert

Protecting your time with time management practices

By Christopher F. Earley



"It is not enough to be busy. ... The question is: What are we busy about?"

— Henry David Thoreau

As attorneys, our

trade. Effective time management is therefore the name of the game. Maximizing our time is essential to our personal productivity. More importantly, time management allows us to maintain our sanity.

Here are some time management practices I have found to be very useful in my own practice:

The telephone. There is nothing worse than being bombarded with phone calls when you are trying to focus deeply on an upcoming deposition, trial strategy, etc. The brain needs time to go deep into a focused state and does not respond well to constant interruptions.

As my practice started to grow, I realized that it was really hard and frustrating to constantly answer random, unplanned phone calls. The phone was draining not only my ability to focus, but also my time.

Now, I don't take unscheduled phone calls. I explain this protocol in my initial welcome letter to new clients so they know about this policy from the start (always send a letter to new clients warmly welcoming them, and in that letter name the person who will be handling their file).

This phone policy applies not only to clients, but attorneys, insurance adjusters and whoever else calls. If the call is not on my calendar, a team member will schedule me to call the person back the following day at a specific time. This helps save so much time and avoids unending phone tag.

Email. I am a recovering email addict. I used to check email constantly. I used to erroneously think by constantly checking and responding to email that I was working and being productive, when in reality all I was doing was checking email and wasting time.

That is classic busy work, as opposed to productive work. I decided to

Christopher F. Earley is a Boston attorney and author who concentrates his practice on the representation of the seriously injured and their families. EARLEY ON practice management

end this toxic habit. Now, I check email each weekday only at 10:45 a.m. and 4 p.m., and only one time on the weekend.

If I have to check email for something urgent and truly important, I jump into my inbox and jump out as fast as possible. I also unsubscribed to unnecessary email subscriptions to further tame the email beast. I have discovered that by extinguishing this addiction, my personal productivity has skyrocketed.

Open door policy. I found that as my practice started to grow and more team members were added, I was getting interrupted more and more by team members coming into my office for "just a quick question." This was impacting my productivity because it was

Maximizing our time is essential to our personal productivity.

More importantly, time management allows us to maintain our sanity.

eliminating my ability to really, deeply focus on a particular case, business strategy, etc.

Now, I have "office hours" each day from 11 a.m. to noon. This forces team members to solve problems on their own, reducing their dependency on me. They now only come to me when they truly can't solve something on their own.

After all, the whole point of having staff is to empower them to be problem solvers so that you can focus on high-level decision making

and execution.

Protecting your time requires intentionality, self-discipline and commitment. Guard it like a hawk. If you have other time management tips that you find helpful, please email me at cearley@chrisearley.com because I would love to hear them.

Disclosures, adds a new last sentence to 30B(a), making explicit that the requirement of including expert disclosures in the pretrial conference memorandum does not excuse parties from answering expert interrogatories, as required by Mass. R. Civ. P. 26(b)(4) and 33.

New Rule 74, Civil Asset Forfeiture, primarily seeks to ensure that those with an interest in property subject to forfeiture receive actual notice of the forfeiture proceeding.

Repeal of Rule 76, Divorce Proceedings, and Rule 77, Trial Lists of Divorce Cases

in Suffolk, was recommended because the Superior Court no longer has jurisdiction over such proceedings. See G.L.c. 215, S3, as amended by St. 1986 -. 462, §15 ("Probate courts have exclusive original jurisdiction of actions for divorce or for affirming or annulling marriage").

The full text of the changes can be found at masslawyersweekly.com.

Material from The Associated Press and State House News Service was used to compile News Briefs,